



PHILIP D. MURPHY  
*Governor*

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*Lt. Governor*

State of New Jersey  
GOVERNOR'S COUNCIL ON ALCOHOLISM AND DRUG ABUSE  
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NEIL VAN ESS  
*Acting Chairman*

CELINA LEVY  
*Executive Director*

## RESOLUTION

### Recognizing the Month of May 2023 as “Mental Health Awareness Month” in New Jersey

May 16, 2023

**WHEREAS** Mental Health America 2023 Mental Health Awareness Month theme is “look around, look within,” to look at how an individual’s environment impacts their mental health, from their neighborhood to genetics, and all the factors that come into play when it comes to an individual’s mental health; and

**WHEREAS**, The National Alliance on Mental Illness (NAMI) is launching their “More Than Enough” social media awareness campaign for Mental Health Awareness Month 2023, to provide a message of hope and inclusion, uplifting and empowering all people to feel that they are “more than enough” and deserving of support, resources, fulfillment, and a community that cares; and

**WHEREAS**, according to the United States Department of Health and Human Services our country is facing an unprecedented mental health crisis, a crisis not just affecting adults but one having a profound and devastating effect on young people, with people from every background being impacted, also recognizing the material role mental health plays in substance misuse and disorders; and

**WHEREAS**, the national response to the mental health crisis has included the establishment of 988, the Suicide Prevention Lifeline, assistance for states to establish 24/7 Certified Community Behavioral Health Clinics, and the National Child Traumatic Stress Initiative to help reach families and youth where they are, including at schools and in the community; and

**WHEREAS**, the mission of the New Jersey Governor's Council on Mental Health Stigma is to combat discrimination against those living with a mental health disorder as a top priority in New Jersey's effort to create a better mental health system.

**NOW THEREFORE BE IT RESOLVED** that the Governor’s Council on Alcoholism and Drug Abuse hereby recognizes the month of May 2023 as “Mental Health Awareness Month” in New Jersey.

**BE IT FURTHER RESOLVED** that copies of this resolution shall be transmitted to Governor Phil Murphy, the New Jersey Legislature, the New Jersey Governor’s Council on Mental Health Stigma, the Department of Human Services/Division of Mental Health and Addiction Services; County Alcoholism and Drug Abuse Directors and County Alliance Coordinators.

Neil Van Ess, Acting Chairman

May 16, 2023

Date